

# SAIF TAREK ABDELRASOL

*Curriculum Vitae*

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[LinkedIn](#)

## EDUCATION

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**Ph.D., Public Administration & Public Affairs** (Expected May 2026)

*Virginia Tech, School of Public and International Affairs — Arlington, VA*

**Dissertation:** *From Reaganism to Trumpism: The Future of Public Service in the U.S. Federal Executive Branch*

**Master of International Policy & Development**

*Middlebury Institute of International Studies — Monterey, CA*

Double Specialization: Policy Evaluation and Analytics & Conflict Resolution and Global Governance

**Bachelor of Laws (LL.B.)**

*Ain Shams University, Faculty of Law, English Department — Cairo, Egypt*

## RESEARCH INTERESTS

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Public management; federal workforce dynamics; democratic governance and institutions; civic engagement; presidential rhetoric; public service motivation; public interest technology; frontline public service delivery; election administration.

## PUBLICATIONS AND WORKING PAPERS

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### *Peer-Reviewed Publications*

Kritz, J., Knepper, H. J., Roberts, A., Bouzan, L., Mitchell, S., **Abdelrasol, S. T.**, & Jha, R. (2026). Advancing Administration and Human Rights. *Journal of Health and Human Services Administration*, 1–6.

### *Manuscripts in Preparation for Submission*

Abdelrasol, S. T. *Federal Career Service in Crisis?*. Manuscript in preparation for submission.

Abdelrasol, S. T. *Anti-Government narratives in Reagan and Trump Presidential Written Documents: From Structural Criticisms to individual Delegitimization*. Manuscript in preparation for submission.

Abdelrasol, S. T. *The Narrative Shift: Tracing the Evolution of Anti-Government Narratives in Presidents Reagan's and Trump's Speeches*. Manuscript in preparation for submission.

Abdelrasol, S. T. *The Role of Focusing Events in Mobilizing Young American Voters: The Case of the 2024 Presidential Election*. Manuscript in preparation for submission.

Bredenkamp, D., **Abdelrasol, S. T.**, et al. *Health Worker Potential for Expanded Exploration of Public "Frontlineness": A Scientometric Analysis*. Manuscript in preparation.

## CONFERENCE PRESENTATIONS

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Abdelrasol, S. T. (2026, April). "From Reaganism to Trumpism: The Evolution of Anti-Government Narratives." Paper to be presented at the *Midwest Political Science Association Annual Conference*, Chicago, IL.

Abdelrasol, S. T. (2026, April). "Trumpism and the Future of Career Public Service in the Federal Executive Branch." Paper to be presented at the *Midwest Political Science Association Annual Conference*, Chicago, IL.

- Abdelrasol, S. T. (2025, April). “The Role of Focusing Events in Mobilizing Young American Voters in the U.S. National Elections: The Case of the 2024 Presidential Election.” Paper presented at the *Midwest Political Science Association Annual Conference*, Chicago, IL.
- Abdelrasol, S. T. (2025, April). Discussant, “Infrastructure, Budgeting, and Economic Development.” *Midwest Political Science Association Annual Conference*, Chicago, IL.
- Bredenkamp, D., Abdelrasol, S. T., et al. (2024, June). “Health Worker Potential for Expanded Exploration of Public ‘Frontlineness’: A Scientometric Analysis.” Paper presented at the *Public Management Research Conference*, Seattle, WA. (Presented on behalf of co-authors.)
- Abdelrasol, S. T. (2024, April). “Gen Z Is Changing the Game: Youth Turnout in U.S. National Elections, 2018–2022.” Paper presented at the *Midwest Political Science Association Annual Conference*, Chicago, IL. *Selected for Celebrating 75 Years of the American National Election Study: New Directions from Junior Scholars session.*
- Abdelrasol, S. T. (2024, March). “Gen Z Is Changing the Game: Youth Turnout in U.S. National Elections, 2018–2022.” Paper presented at the *Virginia Tech GPSS Research Conference*, Blacksburg, VA.
- Abdelrasol, S. T. (2024, November). Discussant, “Finding the Money: Non-Profit Revenue Streams.” *Association for Public Policy Analysis and Management Fall Research Conference*, Washington, DC.
- Abdelrasol, S. T. (2023, November). “Gen Z Is Changing the Game: Youth Turnout in U.S. National Elections, 2018–2022.” Poster presented at the *Association for Public Policy Analysis and Management Fall Research Conference*, Atlanta, GA. **Awarded Third Place, Best Poster.**

## TEACHING EXPERIENCE

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### Instructor of Record

#### **PSCI/UAP 4644: Government Oversight in Action (or Inaction?): Power and Accountability in Washington, DC**

Virginia Tech — Washington Experience Program | Winter 2026

- Three-week, three-credit experiential seminar examining government oversight, power, and accountability in Washington, DC.
- Designed and led the in-person DC component, organizing meetings with policymakers, government officials, and practitioners for undergraduate students.
- Integrated classroom instruction with real-world engagement, enabling students to observe and analyze the policy process firsthand.

#### **PSCI/UAP 3744: Policy Analysis** | Virginia Tech | Spring 2025

- Undergraduate course for junior/senior students in political science, public policy, and urban planning.
- Designed syllabus, assignments, and rubrics from scratch; fostered interactive learning through lectures, seminar-style discussions, and case study analyses.
- Mentored students through semester-long applied policy analysis projects culminating in policy briefs and analytical papers.
- Evaluated all student work with detailed constructive feedback to enhance critical thinking and policy writing.

### Teaching Assistant — Virginia Tech (August 2022–Present)

#### *Graduate Courses*

- PAPA 6224: Public Policy Design, Implementation, and Evaluation (Spring 2024, Spring 2025)
- PAPA 6414: Normative Foundations of Public Administration (Fall 2022, Spring 2024)
- PAPA 5014: Concepts and Approaches (Fall 2024)

- PAPA 6264: Advanced Topics — Policy Systems Management: Homeland Security & Prevention (Fall 2023)
- PAPA 5254: The Homeland Security Threat Environment (Spring 2024)
- PAPA 5354: Homeland Security Response and Recovery (Spring 2023)

#### *Undergraduate Courses*

- PSCI/UAP 3744: Public Policy Analysis (Spring 2024)
- PSCI 4644/UAP 4644 — SPIA 5984: Power in Transitions: Politics, Policy, and Governance (Winter 2025)

#### **Teaching Assistant — Middlebury Institute of International Studies (August 2021–May 2022)**

- Power Dynamics of the Middle East (graduate seminar)
- IEPG 8631A: Advanced GIS (graduate course)

### **ADDITIONAL RESEARCH EXPERIENCE**

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#### **Doctoral Researcher** | Virginia Tech | August 2022–Present

- Conducting dissertation research integrating presidential communication theory, public service motivation, and institutional theory to explain federal workforce dynamics in democratic governance.
- Developed research on youth voter turnout (2018–2024), analyzing administrative, institutional, and policy factors shaping Generation Z electoral participation.
- Examined impact of focusing events on voter mobilization in the 2024 presidential election.
- Co-authored research on frontline workers across federal, state, and local governments.
- Contributed to research on public interest technology and improving public service delivery.

### **PROFESSIONAL EXPERIENCE**

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#### **Project Manager** | School of Public and International Affairs, Virginia Tech | May 2025–Present

- Manage strategic projects, scholarship programs for federal career employees, and stakeholder relationships.

#### **Consultant & Master Facilitator** | British Council MENA (Young Mediterranean Voices) | 2014–2020

- Designed and delivered 100+ training sessions on policymaking and advocacy for 1,500+ participants from marginalized communities.
- Drafted research reports, policy briefs, and project deliverables for international clients.

#### **Managing Director** | Teens Club for Development, Cairo, Egypt | 2013–2020

- Directed twelve programs in youth empowerment and civic development; established Egypt’s largest youth network (40,000+ members).
- Managed multi-million-dollar budgets, 30+ staff, and partnerships with 35 international entities.

#### **Assistant Program Manager** | British Council Egypt | 2016–2017

- Co-led youth development initiatives across MENA countries; managed seven-figure GBP budget.

### **HONORS, AWARDS, AND FELLOWSHIPS**

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2025-26 The Ridenour Fellowship – The School of Public and International Affairs, Virginia Tech

2025 CPAP Founders Honorary Scholarship Award, Virginia Tech

2023 Third Place, Best Poster, APPAM Fall Research Conference

2020 Fulbright Student Master Scholarship (2020–2022)

2020 Middlebury Institute Dean’s Scholarship (2020–2022)

2020 Project for Peace Grant (\$10,000), “Debate for Action”  
2018 Stanford University AMENDS Fellow; presented at Oxford University  
2018–19 Best Debate Trainer, Young Mediterranean Voices  
2017 Tony Elumelu Foundation Fellow

## **SERVICE TO THE PROFESSION AND UNIVERSITY**

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### **Professional Service**

- Student Ambassador, Association for Public Policy Analysis and Management (APPAM)
- Conference Discussant, MPSA 2025 and APPAM 2024
- Grant Reviewer, GPSS Research Fund, Virginia Tech

### **University Service**

- Instructor and Coordinator, Washington Semester (Winter and Summer 2025, Winter and Summer 2026) for 70 Virginia Tech students
- Mentor, MPA students in academic and professional development, Virginia Tech
- Middlebury Collaboration Manager, Middlebury Institute Student Council
- Chair, International Students Committee, Middlebury Institute
- Vice President, Diversity and Inclusion Committee, Middlebury Institute
- Chair, Education and Empowerment Working Group, Stanford AMENDS

## **METHODOLOGICAL SKILLS**

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**Quantitative:** Regression analysis, factor analysis, descriptive and inferential statistics. Software: R, SPSS, STATA, Tableau, Advanced Excel.

**Qualitative:** Semi-structured interviews, focus groups, content analysis, discourse analysis, systematic textual analysis. Software: MAXQDA, Atlas.ti, Dedoose.

**Mixed Methods:** Sequential and concurrent mixed-methods research design.

## **PROFESSIONAL MEMBERSHIPS**

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Association for Public Policy Analysis and Management (APPAM)

Midwest Political Science Association (MPSA)

Public Management Research Association (PMRA)

Project Management Institute (PMI)

## **LANGUAGES**

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English (fluent) | Arabic (native)

## **REFERENCES**

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Available upon request.